

# JUMP PARTICIPANTS WILL DISCOVER...

- How to address barriers and obstacles to abstinence by providing freedom from self defeating behaviors.
- How to improve family relationships
- The behaviors that trigger their hurtful behaviors
- How to establish a support system that they can rely on long after completing Jump.
- What they believe about God and why they believe it

"After joining Jump, my wife says she loves and trusts me more than ever."  
- Sexual Integrity Participant

"I came into Jump desperate for help; I had hit bottom. I had lost my first family, my job and my health. I was on the verge of losing my second wife. I was driving away everyone I loved. Jump has given me peace and hope for a brighter future."  
- Original Jump Participant

"I am extremely excited about the opportunity to serve as president of the Jump Recovery board. It provides a service to people in need and it works! It is a wonderful experience to see people set free to really live."  
- Vernon Armitage, Pastor and Jump Recovery president

## TO REGISTER OR FOR MORE INFORMATION

Contact Jeff Baird at 816-803-7610 for a confidential consultation.

JUMP**RECOVERY**.ORG

"Jump Recovery combines the best of recovery experiences, counseling, spiritual formation and family coaching to provide affordable recovery services to those unable to access traditional rehabilitation."  
- Jeff Baird, Program Director

## JUMP HELPS:

Anger

Addiction

Codependency

Smoking

Workaholism

Sexual integrity

Gambling

Lying

Self-centeredness

Abuse issues

Eating

Many other issues

# JUMP RECOVERY... PROGRAM DIRECTOR

- Is a non-profit ministry designed to provide intensive recovery services to individuals seeking changed lives
- Helps clients recover from various addictions and hurts
- Is an alternative to inpatient recovery
- Allows people to remain engaged at work and home during recovery
- Has strong Christian values
- Is a 12-week program that meets each evening after work
- Provides recovery coaching, group counseling, spiritual exploration and family programs
- Is unique from any program in the Kansas City metro area

Jeff Baird guides and directs curriculum, programs, and recovery content.

Jeff's qualifications include:

- 20 years of broad-based recovery that began with substance abuse and has continued to address individual issues in secular and Christian 12-step programs
- Experience in recovery programs in rehab environments, counseling, treatment programs and Christian community groups
- 2 years as Support and Recovery Ministry Director at Pleasant Valley Baptist Church
- 2 years as board member for Residential Living Options.
- 30 years of executive business experience

## TO REGISTER OR FOR MORE INFORMATION

Contact Jeff Baird at  
816-803-7610 or  
jeff@jumprecovery.org  
for a confidential consultation.



## JUMP RECOVERY

*Helping people recover  
while they stay engaged  
at work and home*

JUMP**RECOVERY**.ORG

JUMP**RECOVERY**.ORG

JUMP**RECOVERY**.ORG